

# DEEP PRACTICE

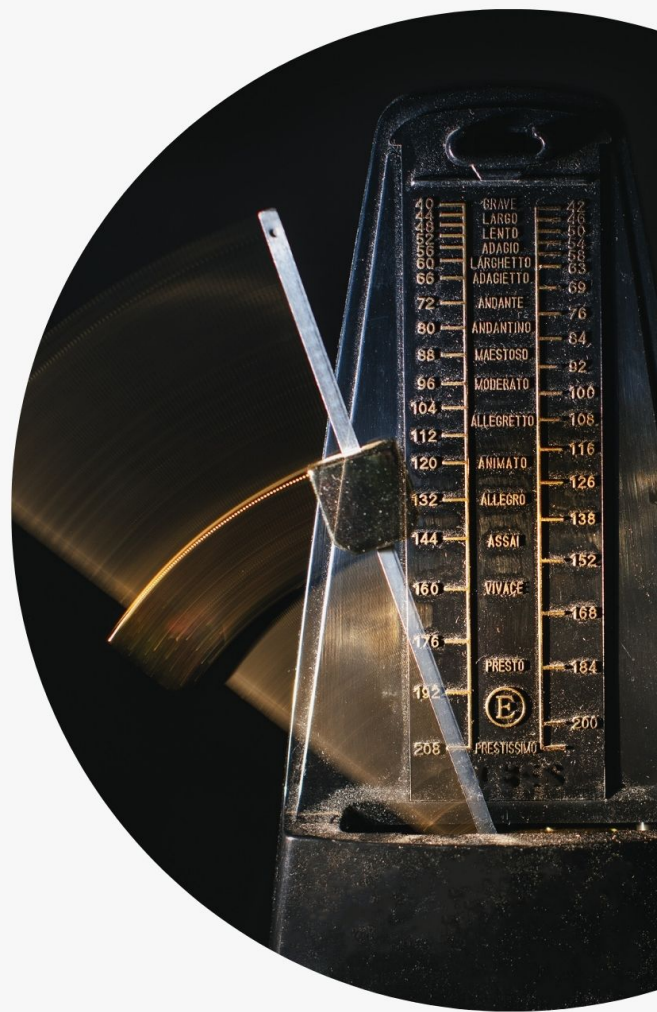
---

# RHYTHM

”

**Make the  
metronome  
your friend!**

- record with click
- practise without guitar
- clap, tap, say



## IMPROVISING

”

**Take risks,  
walk the  
tightrope!**

- 
- play along with random music
  - improvise just with click
  - dovetail soloing
  - find multiple ways to play a melody



# HARMONY

”

## Voice-lead!

- 
- voice-lead two chords
  - find the chords suggested by a couple of notes
  - harmonise one note with many chords
  - work out chord progressions you like the sound of



## WRITING

”

**Just write!**

- 
- arrange existing tunes
  - write for the trash can
  - write every day
  - complete a short piece each day



## TECHNIQUE

”

**Motor skills  
take time!**

- 
- slow => fast
  - speed bursts
  - focus rotation
  - it takes time





## IMPORTANCE OF “DOING”

“I must stress that it is not enough to read the book—to create your own ideas, you have to use the techniques.

Try to explain the joy of skiing to a bushman who has never left the desert.

You can show him some skis and a picture of a snowy mountain, and perhaps get some of the idea across.

However, to fully realize the concept of skiing our bushman must put on the skis and head down a mountain.

If you merely read these techniques, you will have no more than a suggestion of how to get ideas.

You’ll be like the bushman standing in the desert, staring at a pair of skis and a photo of the Matterhorn, with a small notion of what skiing might be.”

From “Thinkertoys” – Michael Michalko

”

